

The Louisville Swim Association

Administrative Rules

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1.0 MISSION AND ORGANIZATION

1.1 Mission Statement

The Louisville Swim and Dive Association is organized to encourage the development of boys and girls in swimming and diving. The individuals on each team shall do this by sponsoring meets among member teams, and by allowing the widest possible participation in each meet. Teams in the association will not take unfair advantage of each other and are expected to allow and encourage all eligible members of their clubs to participate on their swimming and diving teams regardless of skill level. Properly conducted competitive meets allow the development and improvement of all swimmers and divers.

1.2 Board of Directors Organization

- 1.2.1 The Board of Directors of the Association shall be composed of one official representative from each team (the LSA Rep).
- 1.2.2 The LSA Rep may not be from the coaching staff from any member club.
- 1.2.3 Other officers of the member clubs may participate in the board discussion. Each member club shall have one vote, which shall be cast by the club's official representative or duly appointed proxy.
- 1.2.4 The by-laws of this Association may be amended by majority vote of the members of the Board of Directors eligible to vote.
- 1.2.5 It is the responsibility of the club representative to inform all meet officials of league rules.

1.3 Diving Subcommittee

- 1.3.1 There shall be a subcommittee of the LSA consisting of a diving representative from each club fielding a diving team for the current season and the President of LSA.
- 1.3.2 The subcommittee's duties shall be to schedule meets and establish rules to govern the LSA diving program.
- 1.3.3 The diving subcommittee will select a Diving Liaison to act as a representative to the LSA board.

1.4 Board of Directors Officers

- 1.4.1 The officers of the Board of Directors shall consist of a Chairperson to preside at board meetings, a Secretary, and a Treasurer.
- 1.4.2 The position of Chairperson, Secretary and Treasurer of the league will be determined in a rotating basis each year. Each club shall serve a one-year term. The current rotation by year is in Appendix A.

1.4.3 The Secretary shall serve as Chairperson in the absence of the President.

1.5 Board Meetings

1.5.1 An organizational meeting shall be held each year before March.

1.5.2 A follow up meeting shall be held no later than September of each year, chaired by the outgoing officers, to evaluate the completed season.

1.5.3 Members of the Board shall be notified at least one week prior to a meeting.

1.5.4 Meetings to address issues of an emergent nature may be scheduled by the Chairperson without such prior notice.

1.5.5 Meetings shall be conducted in accordance with the Louisville Swim Association Meeting Rules of Order attached to this document as Appendix B.

1.6 Swim Divisions

1.6.1 LSA shall divide into three (3) Swim Divisions - Red, White, and Blue.

1.6.2 Each division shall conduct separate Qualification and Championship meets, unless the Board votes to utilize an alternative procedure to determine champions in any one- (1) year.

1.6.3 The last place finisher in the Red division and the first place finisher in the White division shall switch divisions in the following year. Likewise, the last place finisher in the White division and the first place finisher in the Blue division shall switch places in the following year.

1.6.4 Team awards will be given for each division.

2.0 CONDUCT AND ELIGIBILITY

2.1 General Conduct of all Participants

2.1.1 It is expected that conduct by coaches, team members and spectators during all swim meets be consistent with LSA goals of both swimming skills and respect for competitors.

2.1.2 No team personnel/competitor shall act in an unsportsmanlike manner. This includes any act the referee deems unsportsmanlike, including, but not limited to, the following:

2.1.2.1 Making insulting or derogatory remarks, gestures, or acts, including taunting.

2.1.2.2 Trying to influence or showing disgust with official's decisions.

2.1.2.3 Interfering with meet officials in the performance of their duties.

2.1.2.4 No team personnel/official/competitor shall use any form of alcohol product, or tobacco product, from the time they arrive at the competition site until they leave following completion of their duties or completion of the meet.

- 2.1.3 When a spectator(s) becomes unruly or interferes with the orderly progress of the meet, the referee shall suspend the meet until the individual(s) leaves the premises.
- 2.1.4 Any person or persons considered by the referee to be exhibiting unsportsmanlike behavior may be disqualified from any or all events in which that contestant(s) has or will participate for the meet. Further consideration of disciplinary action, including ejection from the meet, shall be at the discretion of the referee.

2.2 Conduct of Coaches

- 2.2.1 It is the duty of coaches, in addition to training their teams, to attempt to develop in their swimmers, a true love of the sport, and a spirit of good sportsmanship.
- 2.2.2 During the course of a meet, only the LSA rep or his designee shall be permitted to discuss a decision with the referee.
- 2.2.3 This discussion must be carried on in a proper and civil manner. Coaches should not impede any meet official.

2.3 Conduct of Swimmers

- 2.3.1 Any swimmer participating in an LSA meet must be attired in proper swimwear.
- 2.3.2 Obscene language and/or the use of alcoholic beverages by a swimmer or coach during a meet will not be tolerated under any circumstances. A violation of this rule will result in permanent expulsion from all future meets.
- 2.3.3 Any swimmer or diver discovered competing under an assumed name or in an illegal age group will be suspended from the Association for such time as determined by the Board of Directors.
- 2.3.4 Any swimmer or diver competing in a meet while not a member of the club he or she is representing, or in violation of the eligibility requirements listed in Section 2.3, will be suspended from further competition in the Association for a period of one (1) year.
- 2.3.5 If it can be determined that he or she was competing illegally with knowledge of his or her Coach, the meet will be declared a forfeit as well as any past meets in which the swimmer or diver participated. Any further action against a Coach / club will be determined by the Board of Directors.

2.4 Eligibility

- 2.4.1 Swimmers or divers competing in LSA meets must be members of only one of the teams in the association.
 - 2.4.1.1 If the swimmer's team does not have a dive team, they may participate in the dive team of another LSA team.

- 2.4.2 In order to represent a member team a swimmer / diver must be a bona fide member of the team through membership or by valid employment by the club.
 - 2.4.3 While the membership requirements of the teams are to be determined by the teams, no team may offer free memberships to swimmers or special rates whose sole purpose is to attract recruits for the team.
 - 2.4.4 Compensated coaches can compete in LSA in the sport the person is not coaching (Swim can compete in Dive/ Dive can compete in swim).
 - 2.4.5 Any USA swimmer may compete in the LSA.
 - 2.4.6 USA long course swimmers are to be limited to a maximum of 3 individual events including 100 free and 2 relays including all age, per meet, qualifications and championships.
 - 2.4.7 Each individual team shall strongly encourage regular practice attendance for all swimmers.
 - 2.4.8 A USA Long course swimmer is a swimmer who completes and/or practices with their USA team after June 1st of that year.
 - 2.4.9 Any team with 60 swimmers or less will NOT be required to limit their USA swimmers in relay and/or individual events during DUAL MEETS.
 - 2.4.10 An exception should be made, however, if they compete against a team with 60 or less swimmers who have NO USA swimmers on their roster. If this is the case, the original swimmer rule would apply.
 - 2.4.11 Upon verification of any USA swimmer swimming more than 3 individual events or 2 relays, the meet referee is to decide the sanction for said swimmer, which may include disqualification in the individual event(s) past 3 entries and/or relay past 2 entries.
 - 2.4.12 The LSA Board shall decide all eligibility questions.
 - 2.4.13 Swimmers must be 18 years old or under as of June 1st of the current year to compete in the LSA.
- 2.5 Liability Insurance
- 2.5.1 All teams must provide evidence of liability insurance coverage for their own team while swimming at away meets.
 - 2.5.2 Proof of coverage must be submitted to the Secretary by the first meet of each season. Each team should also provide a copy on request on arrival for an away meet.
- 2.6 Age Eligibility
- 2.6.1 The age of the swimmer or diver on June 1st of the current year shall be used in determining in which age group he or she swims.

2.6.2 A person whose birthday falls on June 1st shall swim in the age group he attained on June 1st.

2.6.3 No swimmer or diver may compete in an age group below his/her own.

2.6.4 Swimming Up: Individual Events

A swimmer may compete in the next higher age group in individual events all the following conditions are met:

2.6.4.1 All swimmers in the participating age group, rostered and present, are scheduled to compete in the event.

2.6.4.2 The swimmer does not swim the event in his/her own age group.

2.6.5 Swimming Up: Relays

A swimmer may compete in the next higher age group in relays if the relays are seeded in the following order:

2.6.5.1 All swimmers in an age group must fill all positions in relays prior to allowing swimmers to swim up to complete relays.

2.6.5.2 If there are swimmers that swim up to complete a relay, all swimmers in the participating age group, rostered and present, must fill the relay from "A" down. ("A" being the fastest swimmers).

2.6.5.3 No swimmer may compete in more than 3 relays per meet, exclusive of the all-age relay.

2.6.5.4 The USA swimmer event limitations in section 2.3 apply to all events, including events in the next higher age group as covered in this section.

2.6.6 100 Meter Freestyle Event

2.6.6.1 The 100 meter freestyle event is open to all eligible swimmers regardless of age.

2.7 Rosters and Fees

2.7.1 Tentative rosters and fees are due before the second meet of the season.

2.7.2 Final rosters and additional fees are due before the 4th dual meet.

2.7.3 Swimming and diving rosters must be separate.

2.7.4 These rosters should be arranged alphabetically by age group and sex.

3.0 STROKE AND TURN RULES

3.1 Base Stroke and Turn Rules according to NFHS Standards

All Stroke and Turn Rules will be in accordance with rules published by the National Federation of State High School Associations (NFHS) in the most current edition of NFHS Swimming and diving Rules and Water Polo Rules, with certain exceptions or additions that have been made by the LSA.

3.2 Exceptions to NFHS rules documented in Appendix E

Appendix E contains the current stroke and turn rules for the LSA, with a summary of the applicable NFHS rules and the LSA exceptions included. This appendix will serve as the official LSA rules for stroke and turn judging.

4.0 GENERAL CONDUCT OF MEETS

4.1 Responsibility of the Referee

- 4.1.1 The chief official at all meets shall be the referee, who shall be approved by the association.
- 4.1.2 The referee may also act as a starter, stroke / turn judge, or place judge.
- 4.1.3 The referee should not act as a timer or scorer, as the duties of these officials would interfere with the job of referee.
- 4.1.4 The referee must be familiar with the rules of the association.
- 4.1.5 The referee shall have full authority over all officials and shall assign and instruct them.
- 4.1.6 The referee shall enforce all the rules and decisions of the association and shall decide all questions relating to the conduct of the meet.
- 4.1.7 The referee can overrule any meet official on a point of rule interpretation or on a judgment decision pertaining to an action the referee personally observed.
- 4.1.8 The referee shall also disqualify swimmers for any violation of the rules which the referee personally observes.
- 4.1.9 The referee will, after giving one warning, ask any coach, official, worker, spectator or swimmer who disregards the LSA rules and regulations to leave the pool area.
- 4.1.10 The decisions of the referee may be appealed only as provided in section 8.1.
- 4.1.11 All disqualifications will be brought to the attention of the referee who will mark the card and initial it before the card goes to the scorers table.
- 4.1.12 The referee shall conduct a comprehensive pre-meet briefing for all officials.

4.2 Responsibility of the Starter

- 4.2.1 The starter shall have control of the meet after the swimmers have been turned over to the starter by the referee or the clerks of the course.
- 4.2.2 The starter shall be stationed within ten feet of the starting end of the pool at a point where the start flash is clearly visible to the timers and the start horn easily heard by the starting swimmers.
- 4.2.3 Prior to each race the starter shall:
 - 4.2.3.1 Make sure that all timers and judges are ready.
 - 4.2.3.2 Inform the swimmers of the distance and the event. Where applicable this shall include the strokes to be swum, the order in which they should be swum and the number of pool lengths to be swum.
 - 4.2.3.3 Inform the relay swimmers to leave the pool immediately after finishing their leg.
 - 4.2.3.4 If a warning signal is to be used for a gun lap, the starter should inform the swimmers.
 - 4.2.3.5 Make sure the swimmers understand the recall procedure in case of a false start.
- 4.2.4 At the start. The starter shall:
 - 4.2.4.1 Give the command, "Take your mark", to which all swimmers must respond at once by assuming the starting position. Sufficient time should be allowed to enable the swimmers to assume the starting position, but no swimmer shall be in motion immediately before the starting signal is given.
 - 4.2.4.2 When all swimmers are motionless in the starting position the starter starts the race.
 - 4.2.4.3 If in the starter's opinion a false start has been committed or a swimmer has obtained an unfair advantage on the start, the starter shall sound the false start horn to recall the swimmers or use a recall rope for this purpose.
 - 4.2.4.4 The false start shall be called on the individual(s) and not the field.
- 4.2.5 All Starters shall attend an LSA sponsored starter training class or provide documentation of having attended USS, High School, Level One or YMCA training.

4.3 Responsibility of Clerk of Course

Note: This role not used at dual meets.

- 4.3.1 Each team is responsible for providing a Clerk of Course to ensure swimmers and relays are lined up and ready to be called to the starting block before each event.
- 4.3.2 The clerks verify that each swimmer or team has the correct time card.

4.3.3 The clerks confirm that the correct time cards are given to the lane timers before each event.

4.4 Responsibility of Place Judges

4.4.1 Place Judges have the responsibility of determining the order of finish for each event.

4.4.2 Place judges, situated on opposite sides of the pool, need to make sure that they have an unobstructed view of the finish, shall record his decision independently on a card.

4.4.3 In the event that place judges order of finish do not agree, the stopwatch times will take precedence for the order of finish.

4.5 Responsibility of Stroke and Turn Judges

4.5.1 Judges should be positioned on opposite sides of the pool, preferably walking abreast of the swimmers during all strokes, except free style.

4.5.2 They should observe the turns and the finish ensuring all rules for a particular stroke are followed.

4.5.3 Any infraction or disqualification observed by a stroke or turn judge should be reported immediately to the referee.

4.5.4 During the medleys, one turn judge should be stationed at each end of the pool. Unless otherwise instructed by the referee this judge shall be responsible for relay false starts.

4.5.5 All Stroke and Turn Judges shall attend an LSA sponsored stroke and turn training class or provide documentation of having attended USS, High School, Level One or YMCA training.

4.6 Responsibility of Timers

4.6.1 All timers must be familiar with the use of the digital watches and their responsibilities as timers.

4.6.2 All teams must provide timers with digital watches reading to .01 second.

4.6.3 Watches should be started/stopped with the INDEX finger, after seeing the flash from the starter.

4.6.4 It is NOT the responsibility of the timers to determine if the swimmer's touch meets the touch requirements for that stroke.

4.6.5 One timer in each lane shall be the chief timer for that lane. The chief timer should read all the watches and record all the times on the time card.

4.7 Responsibility of Head Timer

4.7.1 The head timer will have two stopwatches and start them running at the start of every race.

4.7.2 If a timer does not get a good start for their lane for any reason, they will notify the head timer, and the head timer will give the timer one of the stopwatches that is already running with the time of the current race.

4.7.3 The timer will then time the finish of the race as normal with this new stopwatch.

4.8 Scorer's Table Process

4.8.1 Official Scorers

4.8.1.1 Each team in a Dual Meet shall provide representatives to work at the scoring table.

4.8.1.2 The official scorers must be familiar with the instructions for all other officials and with the rules of the association.

4.8.1.3 For dual meets, Home Team will process the odd (girl) events. Visiting Team will process the even (boy) events. The responsibilities can be switched if both teams agree.

4.8.2 The templates will be set up in Meet Manager before the meet.

4.8.3 Data Organizer

4.8.3.1 Receives the Entry and the Place Judges' sheets from the runner.

4.8.3.2 The Entry Cards will be placed in heat and Lane order (i.e. Heat 1, Lane 1:Heat 1, Lane 2, etc).

4.8.3.3 Receives and holds the DQs Holds until the Computer operator is ready to enter.

4.8.4 Computer Operator

4.8.4.1 Enters both times from the Entry Cards for each swimmer. Meet Manager will calculate the average time.

4.8.4.2 Next, compares the results of the heat to the Place judges' sheets for each heat and makes appropriate adjustments.

4.8.4.3 As DQs are received they should be entered into the results.

4.8.4.4 After all DQs have been received, the results for the event should be printed. Make sure plain paper is used. Try to print several events at a time to not waste paper.

4.8.4.5 After a results page is finished, one copy shall be posted (as time permits), and the other two passed down to the awards table (one for each team).

4.8.4.6 Each team will provide necessary paper, labels, and ribbons for their team. If one of the teams run short of supplies, the other team will share supplies as necessary.

4.8.4.7 Labels should be printed whenever a full sheet can be printed. It is a good idea to keep a record of which sheets have been printed to avoid duplication or omission.

4.8.5 Label person

4.8.5.1 After retrieving the labels from the printer, they should be applied to the ribbons and sorted by Team.

4.8.5.2 The label person shall also sort the Entry Cards (pinks, blues), and DQs by Team.

4.8.5.3 The Place Judge sheets are given to the Home Team.

4.8.6 Scoring Process

4.8.6.1 Time cards are to be kept together by heat.

4.8.6.2 The decisions of the place judge have precedence over the time listed on the time cards.

4.8.6.3 In no case may a swimmer with a faster time displace another who placed ahead of him within a heat according to the decision of the place judges.

4.8.6.4 If the place judge cards disagree with each other and no majority opinion can be reached by using the place judge cards in combination with the watch times, then, and only then, will the watch times alone be used to determine the order of finish.

4.8.6.5 If there are more than one heat in the event, combine the previously ordered heats for each event before continuing.

4.8.6.6 The disqualification slip shall be paper clipped to the time card.

4.8.6.7 In the event there was a place judge decision, "JD" shall be marked in the column by the swimmers time.

4.8.6.8 The six time cards are then passed to the awards table to be awarded the appropriate place ribbon.

4.9 Awards Table

4.9.1 The awards table will give out ribbons only to assigned representatives to give out to the swimmers, I.e., disallowing all competitors from approaching the awards table.

4.9.2 Questions of official results should be handled by the team /LSA reps at the scoring table.

4.10 Scoring Rules

4.10.1 Swimming and diving shall be scored as separate meets.

4.10.2 Points shall be awarded as indicated in the "scoring rules" section for each meet type.

4.10.3 Ties: Where two or more swimmers tie for any place in any event the points credited to such place or places, if any, next in order shall be added together and equally divided between / among such swimmers.

4.10.4 Disqualifications: When a relay team or individual swimmer is disqualified, the following places will move up accordingly and points awarded to conform to the new places.

4.11 Other Rules

4.11.1 Backstroke Flags

Flags must be used for backstroke events. Flags shall be a minimum of seven feet above the water level and fifteen (15) feet from each end of the pool. At least three triangular pennants must be suspended over each lane.

4.11.2 Relay Stroke Order

4.11.2.1 Medley Relay: Back, Breast, Butterfly, Free

4.11.2.2 Individual Medley: Butterfly, Back, Breast, Free

5.0 CONDUCT OF DUAL MEETS

Dual meets are to be conducted as outlined in section 4 (General conduct of swim meets), however the following rules shall also apply.

5.1 Pre-Meet Process

- 5.1.1 The visiting team will send their Meet Manager Entries File to the Home Team by Friday 5:00 PM (Tuesday @ 5:00 PM for a Thursday meet)
- 5.1.2 Using the Meet Manager Template for the proper meet, the Home team will import the entries for its own team and those of the Visiting Team.
- 5.1.3 The Home Team will then seed the meet. After seeding the meet, The Home Team will create a Meet manager backup file to send to the Visiting Team by 5:00pm on the Saturday prior to the meet (in the case of a Thursday meet, the file should be sent by 5:00PM on the preceding Wednesday)
- 5.1.4 Each Team will print and distribute the heat sheets and Entry Cards (pinks and blues) for their team.

5.2 Dual Meet Entries

- 5.2.1 Each team's entries in dual meets shall be limited as follows:

	<u>4 Lane Pool</u>	<u>6 Lane Pool</u>	<u>8 Lane Pool</u>
100 Meter Freestyle	2 swimmers	3 swimmers	4 swimmers
50 Meter Freestyle (8 & Under)	2 swimmers	3 swimmers	4 swimmers
Freestyle Relay	2 Teams	3 Teams	4 Teams
Medley Relay	2 Teams	3 Teams	4 Teams
Freestyle	No limit	No limit	No limit
Backstroke	4 swimmers	6 swimmers	8 swimmers
Breaststroke	4 swimmers	6 swimmers	8 swimmers
Butterfly	4 swimmers	6 swimmers	8 swimmers
Individual Medley	2 swimmers	3 swimmers	4 swimmers
All-Age Relay	2 Teams	3 Teams	4 Teams

5.3 Dual Meet Scoring

	1st	2nd	3rd	4th	5th	6th	7th
Individual Events	7	5	4	3	2	1	0
Relay Events	7	5	4	3	2	1	0

5.4 Required Officials

5.4.1 Teams in dual meets shall normally supply the following officials.

Home Team	Visiting Team
Referee	LSA Representative (or delgate)
One place judge	One place judge
Two stroke and/or turn judges	Two stroke and/or turn judges
Head Timer	
Data Organizer	Data Organizer
Computer Operator	Computer Operator
One timer per lane	One timer per lane
Two awards table workers	Two awards table workers

5.4.2 Each division will determine the actual number of workers needed for the dual meets, using the above table as a guideline.

5.5 Lane and Heat Assignments

5.5.1 The visiting team shall swim in the odd numbered lanes in all dual meets and the home team in the even numbered lanes.

5.5.2 Within a given heat or event, coaches will assign their swimmers as follows:

	Lane 1 (Visiting)	Lane 2 (Home)	Lane 3 (Visiting)	Lane 4 (Home)	Lane 5 (Visiting)	Lane 6 (Home)	Lane 7 (Visiting)	Lane 8 (Home)
4 Lane Pools	2 nd Fastest Swimmer	Fastest Swimmer	Fastest Swimmer	2 nd Fastest Swimmer				
6 Lane Pools	3 rd Fastest Swimmer	2 nd Fastest Swimmer	Fastest Swimmer	Fastest Swimmer	2 nd Fastest Swimmer	3 rd Fastest Swimmer		
8 Lane Pools	4 th Fastest Swimmer	3 rd Fastest Swimmer	Fastest Swimmer	Fastest Swimmer	2 nd Fastest Swimmer	2 nd Fastest Swimmer	3 rd Fastest Swimmer	4 th Fastest Swimmer

See appendix C for a list of LSA pools with their dimensions and number of lanes.

5.5.3 Heat Assignments

5.5.3.1 In events with unlimited entries where heats must be swum, coaches shall group their fastest swimmers in the ~~first~~ last heat, their next fastest in the second ~~to last~~ heat and so on.

5.5.3.2 The meet referee can combine heats in the interest of shortening the meet.

5.5.4 Heat/Lane Assignment Changes

5.5.4.1 If changes are to be made in heat / lane assignments after the meet has begun, both teams must be informed of all changes.

5.5.4.2 The team making the change is responsible for altering the time cards of the contestants involved to reflect the change.

5.5.4.3 Changes may be made in lane or heat assignments after the meet has begun only to expedite the meet or in the event of the absence or disability of a swimmer.

5.5.4.4 Changes may not be made for the sole purpose of obtaining a competitive advantage.

5.5.5 Vacant Lanes/Uncontested Events

5.5.5.1 In the event that any team is unable to field a swimmer or relay team for an event in a dual meet, the opposing team shall have the right to fill all vacant lanes with swimmers.

5.5.5.2 If this occurs, first place points will be given to the team that is swimming uncontested.

5.5.5.3 Uncontested races must be declared prior to event #1.

5.5.5.4 LSA reps may agree to waive this rule.

5.5.6 Entry Cards

5.5.6.1 Teams are responsible for making sure that cards for all their entrants are filled out in advance of the meet.

5.5.6.2 The first names must be on the entry cards in all cases where their omission would cause confusion for the official scorers.

5.6 Stroke and Turn Judges for Dual Meets

5.6.1 For dual meets, the exact responsibilities of the stroke and turn judges is assigned by the referee of the meet at their discretion.

5.6.1.1 Usually either the “Quadrant Judges” approach or the “Separate Stroke and Turn Judges” approach detailed below is used.

5.6.1.2 However, the referee can determine the number and responsibility of the judges as needed based upon the circumstances of the meet.

5.6.2 Quadrant Judges Guidelines

- 5.6.2.1 There will be four (4) quadrant judges, one responsible for each “quadrant” of the pool, where the “quadrant” is defined as from the center to the edge of the pool and the specified lanes on the judges side.
- 5.6.2.2 For pools with an odd number of lanes, the referee will determine which quadrant judges are responsible for which lanes before the meet starts.
- 5.6.2.3 The quadrant judge will be responsible for judging *all* infractions that occur in their quadrant, including stroke violations, turn violations, missed touches, and early starts in relays.
- 5.6.2.4 For determination of stroke violations where rule 3.2.5 applies (8 and under swimmers only disqualified if violate stroke for ½ the length of the pool), the two quadrant judges on the same side of the pool should confer to determine if the violation occurred over ½ the length of the pool.

5.6.3 Separate Stroke and Turn Judges Guidelines

- 5.6.3.1 There will be two (2) stroke judges and two (2) turn judges with separate responsibilities. Each judge will be assigned lanes on only one side of the pool.
- 5.6.3.2 For pools with an odd number of lanes, the referee will determine which judges are responsible for which lanes before the meet starts.
- 5.6.3.3 Turn Judge Responsibilities. The turn judges shall be positioned at the end of the pool opposite the timers for all 50 meter events and relays. They should stand up at the edge of the pool and observe the turn and touch looking for any missed touches and improper turns. Turn judges are not responsible for stroke violations not related to the turn. They should observe the swimmer from the flags to the edge and back.
- 5.6.3.4 Stroke Judge Responsibilities. The stroke judges shall be positioned at the side of the pool and should walk along the pool, observing the swimmers as they swim the length of the pool from flag to flag. They are responsible for verifying that the swimmers are correctly swimming the specified stroke. They are solely responsible for determining if 8 and under swimmers are violating rule 3.2.5. They are not responsible for judging improper turns or touches.
- 5.6.3.5 Free Relays. For free relays, since the stroke judge does not need to observe the stroke, they should observe the timer side of the pool for early relay starts.
- 5.6.3.6 Medley Relays. For Medley relays, the referee should designate someone other than the stroke and turn judges to observe the timer side of the pool for early relay starts. They could do this themselves or assign the other team’s LSA Representative to do this (or both).

5.7 Other Dual Meet Rules

5.7.1 Relay Alternates

Alternates: B relay swimmers are alternates for A relays, C relay swimmers are alternates for B Relays and C relay may include up to 4 alternates. The stroke and swimmer order may be changed when alternates are used.

5.7.2 Single judge disqualification

5.7.2.1 In a dual meet, one (1) stroke or one (1) turn judge may disqualify a swimmer.

5.7.2.2 The Referee may also disqualify a swimmer.

5.7.3 Starting Blocks

5.7.3.1 For dual meets, starting blocks may be used only if both LSA Reps agree to use them.

5.7.3.2 Which swimmers will use the starting blocks must be a matter of agreement between the swimmer and his/her coach.

5.7.3.3 No swimmer will be forced to use starting blocks.

5.7.4 100 Meter Open Event

5.7.4.1 In dual meets, the 100 Meter Event is open to all eligible swimmers regardless of age.

5.7.4.2 It is up to the coaches to decide who from their team should swim in this event. Coaches should only allow swimmers who are competitive in this event to swim in it. They should also try to allow any swimmer and who has a chance to qualify some opportunity to swim it in a dual meet.

5.8 The order of events for dual meets is in appendix F.

6.0 CONDUCT OF QUALIFICATION MEETS

Qualifications meets are to be conducted as outlined in section 4 (General conduct of swim meets), however the following rules shall also apply.

6.1 Allowable Entries

6.1.1 Qualifying Times The time standards identified in Appendix D must be obtained, either in practice or dual meets, by a swimmer during the course of the season in order to enter the event in qualifications.

6.1.2 Each swimmer may participate in **only** three (3) individual events.

6.1.2.1 The 100m freestyle is not counted as one of the 3 events for non-USA long course swimmers, but it **IS** counted for USA long course swimmers.

6.1.3 Each team may enter no more than 3 teams per relay event.

6.1.4 Each division's participants will be entered separately and their finish will be kept separate from the other division.

6.1.5 No swimmer may swim up in individual events.

6.1.6 No relay will be allowed to move up as a group.

6.1.7 At least one swimmer in each relay must belong to the event age group.

6.1.8 A swimmer must compete in two (2) dual meets to be eligible to compete in the Qualification Meet.

6.2 Qualification Meet Scoring

No scoring necessary for Qualification meets.

6.3 Required Officials

For each qualification meet, the number and duties of Referees, Stroke and Turn Judges, and other meet officials shall be determined before the meet by that division's LSA Representatives.

6.4 Lane and Heat Assignments

6.4.1 Time seeding will be used for each event and each division.

6.4.2 Meet Manager will seed the swimmers using the following rules:

6.4.2.1 The slowest swimmers will be seeded in the first heats and faster swimmers in the later heats.

6.4.2.2 The last three heats will be "circle seeded".

6.5 Responsibility of Chief Scorer

- 6.5.1 Set up Qualls meet in Meet Manager and ensure all qualified swimmers are entered prior to the meet.
- 6.5.2 Once all teams have submitted qualified swimmers and seeding is complete, each team will receive via email the Qualification Session entries for all teams in their division.
- 6.5.3 Each team will be responsible for printing Entry Cards (Pink & Blue) for their swimmers.
- 6.5.4 Teams will meet prior to the start of qualifications and sort Pinks and Blues in heat order.
- 6.5.5 After the meet, each team will receive a Meet Manager export of the Qualification meet results.
- 6.5.6 All entry cards, place judge sheets, and any disqualification cards are to be kept for a day or two and made available to the Referee in case there are questions about qualifications, times, and finish places.
 - 6.5.6.1 These should be kept in order of event, grouped together by event.
 - 6.5.6.2 Only authorized people (Referee or LSA Representative) should handle these after they have been filed.
- 6.5.7 Chief Scorer should be sure the following are available at the scoring table at Qualifications.
 - 6.5.7.1 At least two Computers/Laptops with Meet Manager current and updated for that session. One PC will run Pinks and One PC will run Blues. Each PC should be equipped with a printer to run meet reports, etc. for all teams
 - 6.5.7.2 Pencils, Pens, Paper Clips, Rubber Bands, boxes (shoe etc.) to keep cards, Qualification sheets and Place Judges sheets separated.
 - 6.5.7.3 Enough disks to give each team a copy of the qualification results so they can print their Pink and Blue entry cards for their teams for championships. Each team should provided a disk for this purpose.
- 6.5.8 Meet Manager will calculate swimmer times, hand calculators will not be used. If two timers are used, Meet Manager will average the times. If three timers are used, Meet Manager drops the high and low times and uses middle time.
- 6.5.9 Pink & Blue cards of the non-qualifiers are to be kept at the scoring table in order of event and handled by authorized people only. For same reason as above.

6.6 Other Qualification Meet Rules

6.6.1 Double confirmation disqualification

6.6.1.1 It will take two (2) stroke judges to disqualify a swimmer, ~~and~~ or two (2) turn judges to disqualify a swimmer in Qualifications.

6.6.1.2 To be disqualified, the same (or reasonably similar) violation must be observed by both judges.

Examples: For instance, if one judge observes an invalid turn, but another judge observes a stroke violation, this will not disqualify the swimmer. However, if two judges both observe a kick violation, but perhaps describe them slightly differently, this would constitute a disqualification.

6.6.1.3 The referee needs to verify that both judges saw the same thing before turning in the disqualification to the scorers.

6.6.2 Starting blocks cannot be used at qualifications.

6.6.3 100 Meter Open Event.

6.6.3.1 Any eligible swimmer who meets the qualification times, regardless of age, can swim this even in the qualification meet, as long as they meet all other eligibility rules.

6.6.3.2 Qualification times will be determined for this event like any other event.

6.6.4 In the event that a swimmer/relay participates illegally in qualifications:

6.6.4.1 The swimmer/relay will be ineligible for this event in championships.

6.6.4.2 The member team will be penalized 25 points from their score at Championships for each infraction incurred during Qualifications.

6.6.5 If a majority of 3 place judges do not agree on the order of finish in a given place the place in question will be awarded by times.

6.7 The order of events for qualification meets is in appendix F.

7.0 CONDUCT OF CHAMPIONSHIP MEET

Championship meets are to be conducted as outlined in section 4 (General conduct of swim meets), however the following rules shall also apply.

7.1 Allowable Entries

- 7.1.1 Each division's participants will be entered separately and their finish will be kept separate from the other division.
- 7.1.2 The number of swimmers qualifying for championships shall be determined by the number of lanes available at the facility utilized for Championships.
- 7.1.3 Each Division can make the determination, based on time and number of eligible swimmers, to run "A" and "B" Finals for Individual events only, points are outlined in the Scoring Section below.
- 7.1.4 One alternate swimmer for each event shall be invited to Championships and be eligible to compete should a qualifier be unavailable or otherwise unable to compete.
- 7.1.5 In the event the Division runs an "A"/"B" Finals, the alternate for the "A" final will be the fastest swimmer from the "B" final and the invited alternate will swim in the "B" Final.
- 7.1.6 If there is a tie for the last two places of either the "A" or "B" finals heat at the qualification meet those swimmers must have a swim off (at Qualification) for last place to properly set swimmers at Championships.
- 7.1.7 A swimmer must compete in the qualification meet and be a qualified or alternate swimmer in order to be eligible to compete in the Championships.
- 7.1.8 No swimmer may swim up in individual events.
- 7.1.9 No relay will be allowed to move up as a group.
- 7.1.10 At least one swimmer in each relay must belong to the event age group.
- 7.1.11 There is no qualification required for the all age relay event. Each team will enter one team into this event at the championship meet.

7.2 Championship Meet Scoring

7.2.1 Points shall be awarded according to the order of finish for each event for each division.

7.2.2 The number of points to be awarded for each place is dependent on the number of lanes at the Championship host pool. See the table below, for 7 lane pool points for one timed final and “A” Final/”B” Final.

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th
Individual Finals (For single heat finals)	8	6	5	4	3	2	1
Relay Finals	18	15	14	13	12	11	10
Individual “A” Final	18	15	14	13	12	11	10
Individual “B” Final	8	6	5	4	3	2	1

7.2.3 Scores for each division shall be kept separate.

7.3 Required Officials

7.3.1 The number and duties of Referees, Stroke and Turn Judges, and other meet officials shall be determined before the championship meet by the board.

7.4 Lane and Heat Assignments

7.4.1 Meet Manager will seed swimmers for championships based on qualification results.

7.4.2 For the championship meet events with two heats, the swimmers with the fastest times will be placed in the first heat.

7.4.3 Within each heat the swimmers with the fastest qualification times will be placed in the center two lanes, the next fastest times in the next two lanes from the center, etc.

7.5 Responsibility of Chief Scorer

7.5.1 Set up Championship meet in Meet Manager and ensure all qualified swimmers are entered prior to the meet.

7.5.2 Chief Scorer should be sure the following are available at the scoring table at Qualifications.

7.5.2.1 At least two Computers/Laptops with Meet Manager current and updated for that session. Once PC will run the meet and one PC will used to generate meet reports. Each PC should be equipped with a printer.

7.5.3 After the meet, each team will receive a Meet Manager export copy of the meet.

7.5.4 All place judge sheets, and any disqualification cards are to be kept for a day or two and made available to the referee or another LSA Representative in case there are questions about qualifications, times, and finish places.

- 7.5.4.1 These should be kept in order of event, grouped together by event.
- 7.5.4.2 Only authorized people (Referee or LSA Representative) should handle these after they have been filed.
- 7.5.5 Touchpads and automatic timing
- 7.5.5.1 Touchpads and automatic timing equipment is usually used at the championships.
- 7.5.5.2 When automatic equipment is used, all place times and place determination is done by the automatic system.
- 7.5.5.3 There will be timers timing each event using stopwatches, but this only serves as a backup in case of a total failure of the automatic system.
- 7.5.5.4 If for some reason the automatic timing system is non-functional or unavailable at the championship meet, the LSA Representatives can coordinate a different timing and scoring method to replace it, probably based upon the qualification meet process.
- 7.6 Other Championship Meet Rules
- 7.6.1 Relay Alternates
Alternates: B relay swimmers are alternates for A relays, C relay swimmers are alternates for B Relays and C relay may include up to 4 alternates. The stroke and swimmer order may be changed when alternates are used.
- 7.6.2 Double confirmation disqualification
- 7.6.2.1 It will take two (2) stroke judges to disqualify a swimmer, or two (2) turn judges to disqualify a swimmer in Championships.
- 7.6.2.2 To be disqualified, the same (or reasonably similar) violation must be observed by both judges.
- Examples: For instance, if one judge observes an invalid turn, but another judge observes a stroke violation, this will not disqualify the swimmer. However, if two judges both observe a kick violation, but perhaps describe them slightly differently, this would constitute a disqualification.*
- 7.6.2.3 The referee needs to verify that both judges saw the same thing before turning in the disqualification to the scorers.
- 7.6.3 Starting blocks cannot be used at championships.
- 7.6.4 Championship Awards will be picked up by one designated representative from each club. Swimmers may not pick up their awards individually.

7.6.5 In the event that a swimmer/relay participates illegally in championships:

7.6.5.1 The swimmer/relay will be disqualified (no points awarded) from the Championship event.

7.6.5.2 The member team will be penalized 25 points from their score at Championships for each infraction incurred during Championships.

7.7 The order of events for championship meets is in appendix F.

8.0 PROTESTS AND SANCTIONS

8.1 Protests

Protests in all meets shall be handled as follows:

- 8.1.1 No person except the LSA representative or his/her designee is authorized to make or discuss a protest with the referee.
- 8.1.2 When a protest is made, the referee shall attempt to resolve it immediately.
- 8.1.3 If the referee feels that trying to resolve the protest will cause unnecessary delay of the meet, he shall:
 - 8.1.3.1 (1) Instruct the official scorer's to retain possession of the time card, judges cards and any other records involved with the race under protest;
 - 8.1.3.2 (2) Instruct the scorers to continue scoring the meet as though the protest had been disallowed;
 - 8.1.3.3 (3) Instruct the ribbon table to withhold awards for the event under protest;
 - 8.1.3.4 (4) Resolve the protest after the final event has been swum and instruct the scorers to make whatever adjustments need to be made in the final score and record of the meet. Instruct the Ribbons Table to make the award according to the resolution of the protest.
- 8.1.4 If a protest involves agreement that a particular act was committed but disagreement as to whether the act is a violation of association rules, the referee's decision may be appealed to the chairperson of the board of directors of the association.
- 8.1.5 If, however, a protest involves agreement that a particular act is a violation of association rules but disagreement as to whether or it was committed, the decision of the referee and judges is final.

8.2 Qualification Criteria/Time Offence Sanctions

- 8.2.1 There will be Sanctions for Teams who do not meet qualification criteria/times plus 20%, regardless of prior documented time.
- 8.2.2 Following qualifications, a review of times will be made by LSA Reps for possible offenses.

8.2.3 The sanctions for offences will be:

1st Offense	Verbal Warning to Coach
2nd Offense	Final Verbal Warning to Coach
3rd Offense	Letter of sanction sent and entered into LSA minutes. The team and coaches names will be specifically mentioned.
4th Offense	Ditto above and notation that only one offense will be allowed the following year
5th Offense	25 Points deducted from Championship Score
6th Offense	50 Points deducted from Championship Score
7th Offense	100 Points deducted from Championship Score
8th Offense	150 Points deducted from Championship Score
9th or more	200 Points deducted from Championship Score, plus \$25 fine to LSA for each offence over 6

8.2.4 In addition, consideration for disqualification from Championships that year, or following year, or other consequences as decided by the board.

8.2.5 Order of placement at Championships for the following year will be determined by gross point totals. Trophy awards will be on net score after sanctions. An appeal of any sanction can be lodged with LSA Board and decision made based on majority vote.

Appendix A. – Board of Director Officer Rotation.

Team	2008	2009	2010	2011	2012
Shelbyville Country Club	President				
Plainview	President Elect	President			
Brownsboro Farms		President Elect	President		
Hammerheads	Secretary		President Elect	President	
Owl Creek		Secretary		President Elect	President
Tom Sawyer			Secretary		President Elect
Springhurst	Treasurer			Secretary	
Glen Oaks	Treasurer Elect	Treasurer			Secretary
Copperfield		Treasurer Elect	Treasurer		
Turner			Treasurer Elect	Treasurer	
BridgePointe				Treasurer Elect	Treasurer
Douglass Hills					Treasurer Elect
Jewish Community Center					
Wolf Creek	T-Shirt Sales				
Oldham County		T-Shirt Sales			
Woods of St. Thomas			T-Shirt Sales		
Woodhaven Country Club				T-Shirt Sales	
Lake Forest					T-Shirt Sales
Shelby Sunfish					
Locust Creek					

Appendix B. – Board Meeting Rules Of Order

The following meeting processes and procedures have been adapted from Roberts Rules of Order for the Louisville Swim Association.

A. Meeting Procedures

- I. Call to order
 - a) Only the president or acting president can call the meeting to order
- II. Roll call of members present
 - a) Decision on quorum validity
 - i. 51% or more of the active teams in the league must be present to establish a quorum
 - ii. If less than 51% of the teams are present, no votes may be taken at the meeting
- III. Acceptance of the Meeting Agenda
 - a) Any proposed additions to the agenda need to be moved at this point with each addition subject to a 2/3 acceptance vote prior to being added to the agenda
 - b) After additions, a motion will be made to accept agenda and passed with a majority vote of those teams present.
- IV. Reading of minutes of last meeting.
 - a) Motion to accept the minutes
- V. Officer's reports.
 - a) President's Report
 - b) Treasurer's Report
- VI. Committee reports.
 - a) Diving Report
- VII. Old Business
 - a) Old business is limited to those items discussed at previous meetings and tabled for discussion at this meeting.

- b) If a team would like to open a closed matter of business from the last meeting, they must submit their request to the president **ONE WEEK** in advance of the meeting. In order to be considered for addition to the agenda, a **BRIEF** explanation as to the reason for reopening the topic must be included. At the beginning of the Old Business section, these topics will be put to vote for inclusion with a majority vote needed of those teams present to be included. No topics from meetings prior to the previous meeting can be reopened.
- c) If a past topic, which was not communicated to the president, needs to be talked about at the meeting due to a time sensitive situation, it must be introduced in the Agenda Acceptance section of the meeting where a motion can be made to include the topic in the meeting. The motion needs a $2/3$ vote of attending members in order to be accepted into the agenda. If the motion is voted down, it will be added to the Old Business topic list for the next meeting.
- d) Discussion of each topic will be limited to the discussion guidelines listed below in section B

VIII. New business.

- a) All new business items must be emailed to the president **ONE WEEK** prior to the meeting. In order for it to be considered, for the meeting, a **BRIEF** description of the topic should be included so that it can be sent out to the LSA representatives prior to the meeting.
- b) No new business may be added at the time of the meeting except for time sensitive matters
 - i. Time sensitive additions must be introduced in the Agenda Acceptance section of the meeting and must be passed by a $2/3$ **vote** of attending members in order to be accepted.
- c) Discussion of each topic will be limited to the discussion guidelines listed below in section B

IX. Announcements.

- a) The announcement section is an opportunity for any topics where a vote is not required.
- b) A date for the next meeting will also be agreed upon at this time

X. Adjournment

- a) A motion to adjourn will be entertained by the president, seconded and passed with a majority vote.

B. Discussion/Debate of Agenda Items and Motions

- I. Each Agenda item will be discussed separately
- II. The president will open each Agenda item and will either give a description of the topic or pass the floor to the Team or individual who submitted the topic for a description. The description of the topic is limited to 3 minutes and there will not be any discussion on the topic at this time.
- III. At the end of the description, a motion will be made as to the action being requested with a second to follow. If the motion is not seconded, it is closed.

- IV. After a motion has been seconded, it will be opened up for the discussion by the president.
- a) If an attendee has something to contribute, they will raise their hand and the president will pass the floor to that person.
 - b) If there are multiple attendees wishing to speak, they will be put into a queue by the clerk (See below).
 - c) Each attendee will have three minutes to speak on the topic. At the end of each speaker, the president will look to the Clerk for whom the next speaker is and will give the floor to them. Attendees will only have 2 opportunities to speak during each topic item.
 - d) Discussion will continue on the topic until all have had an opportunity to speak or a maximum of 15 minutes. If the topic at hand is such that more time is needed for discussion, the president can entertain a motion for Extended Debate which would need to be seconded and passed with a majority vote of the attending members. This will be added in increments of 15 minutes with a new motion and vote after each increment.
 - e) The president will then proceed with the vote on the motion which will be passed with a simple majority of the attendees. Another option is that it can be tabled until the next meeting if more information or more discussion is needed.
 - f) The president is responsible for publishing the results of any votes to all representatives via email within one week of the meeting so that all representatives are aware of decisions that have been made.
 - g) Members not in attendance of a meeting have until the next meeting to challenge the decision

C. Clerk

- I. The president will appoint one member to be the Clerk of the meeting
- II. Responsibilities
 - a) Tracking the proper use of LSA's Rules of Order
 - b) Queuing of topic speakers
 - c) Timing of speakers and overall discussion/debate time of each topic
- III. Should the Clerk wish to participate in the discussion, he/she will pass their responsibility on to the president during their turns.

Appendix C. – LSA Pools Dimensions and Lane Numbers

Pool / Team Name	Initials	Feet	Yards	Meters	Lanes	Conversion
Bridgepointe	BP	82.500	27.500	25.135	6	1.000
Brownsboro Farm	BF	82.057	27.352	25.000	4	1.000
Copperfield	CF	82.123	27.374	25.020	6	1.005
Douglass Hills	DH	82.250	27.417	25.059	6	1.003
Glen Oaks	GO	82.000	27.333	24.983	6	1.006
Hammerheads	HH	75.000	25.000	22.850	6	1.100
Jewish Community Center	JCC	75.300	25.100	22.941	8	1.096
Lake Forest	LF	82.500	27.500	25.135	6	1.000
Oldham County Piranhas	OCP	82.167	27.389	25.034	8	1.004
Owl Creek	OWL	82.400	27.467	25.105	6	1.001
Plainview	PV	82.500	27.500	25.135	7	1.000
Shelbyville Country Club	SCC	82.200	27.400	25.044	6	1.004
Shelby County Sunfish	SSF	75.000	25.000	22.850	8	1.100
Springhurst	SPR	82.500	27.500	25.135	6	1.000
Tom Sawyer	TS	59.920	19.973	18.256	8	1.377
Turners	T	82.200	27.400	25.044	6	1.004
Wolf Creek	WC	82.500	27.500	25.135	6	1.000
Woodhaven Country Club	WCC	75.900	25.300	23.124	6	1.087
Woods of St. Thomas	WST	82.600	27.533	25.165	6	0.999

Yards x 0.914 = Meters

Standard Pool Length = 25.135 Meters

Appendix D. – LSA Time Standards

Event	Red	White	Blue
Women 6 & Under 25 Free		00:44.5	
Women 6 & Under 25 Back		00:46.8	
Women 7-8 25 Free		00:27.7	
Women 7-8 50 Free		01:03.9	
Women 7-8 25 Back		00:34.1	
Women 7-8 25 Breast		00:39.9	
Women 7-8 25 Fly		00:41.6	
Women 9-10 25 Free		00:20.9	
Women 9-10 25 Back		00:27.1	
Women 9-10 25 Breast		00:30.6	
Women 9-10 25 Fly		00:30.7	
Women 9-10 100 IM		02:21.6	
Men 6 & Under 25 Free		00:47.7	
Men 6 & Under 25 Back		00:52.8	
Men 7-8 25 Free		00:30.8	
Men 7-8 50 Free		01:02.2	
Men 7-8 25 Back		00:34.3	
Men 7-8 25 Breast		00:41.7	
Men 7-8 25 Fly		00:40.5	
Men 9-10 25 Free		00:24.4	
Men 9-10 25 Back		00:31.7	
Men 9-10 25 Breast		00:32.9	
Men 9-10 25 Fly		00:33.6	
Men 9-10 100 IM		02:42.1	
Women 11-12 50 Free		00:44.8	
Women 11-12 50 Back		00:57.3	
Women OPEN 100 Free		01:22.9	
Women 11-12 50 Breast		00:58.3	

Event	Red	White	Blue
Women 11-12 50 Fly		01:01.0	
Women 11-12 100 IM		01:57.4	
Women 13-14 50 Free		00:42.6	
Women 13-14 50 Back		00:49.7	
Women 13-14 50 Breast		00:58.3	
Women 13-14 50 Fly		00:42.8	
Women 13-14 100 IM		01:56.0	
Women 15-18 50 Free		00:40.8	
Women 15-18 50 Back		00:47.1	
Women 15-18 50 Breast		00:42.9	
Women 15-18 50 Fly		00:48.9	
Women 15-18 100 IM		01:41.6	
Men 11-12 50 Free		00:48.4	
Men 11-12 50 Back		01:05.0	
Men OPEN 100 Free		01:26.5	
Men 11-12 50 Breast		01:06.5	
Men 11-12 50 Fly		01:05.5	
Men 11-12 100 IM		02:02.2	
Men 13-14 50 Free		00:41.8	
Men 13-14 50 Back		00:48.2	
Men 13-14 50 Breast		00:53.6	
Men 13-14 50 Fly		00:53.3	
Men 13-14 100 IM		01:43.7	
Men 15-18 50 Free		00:34.3	
Men 15-18 50 Back		00:47.8	
Men 15-18 50 Breast		00:49.1	
Men 15-18 50 Fly		00:45.8	
Men 15-18 100 IM		01:41.7	

Appendix E. – LSA Swimming Stroke and Turn Rules

Appendix F1 - Dual Meet Order of Events**Miscellaneous Events**

1. Girls All Age Relay
2. Boys All Age Relay
3. Women Senior 100-yard Free style
4. Men Senior 100-yard Free style
5. Girls 6 & under Free Relay
6. Boys 6 & under Free Relay

Medley Relays

7. Girls 8 (4 x 1 length)
8. Boys 8 (4 x 1 length)
9. Girls 10 (4 x 1 length)
10. Boys 10 (4 x 1 length)
11. Girls 12 (4 x 2 lengths)
12. Boys 12 (4 x 2 lengths)
13. Girls 14 (4 x 2 lengths)
14. Boys 14 (4 x 2 lengths)
15. Girls 18 (4 x 2 lengths)
16. Boys 18 (4 x 2 lengths)

Free style (all swim)

17. Girls 6 (1 length)
18. Boys 6 (1 length)
19. Girls 8 (1 length)
20. Boys 8 (1 length)
21. Girls 10 (1 length)
22. Boys 10 (1 length)
23. Girls 12 (2 lengths)
24. Boys 12 (2 lengths)
25. Girls 14 (2 lengths)
26. Boys 14 (2 lengths)
27. Girls 18 (2 lengths)
28. Boys 18 (2 lengths)

Backstroke (2 heats)

29. Girls 6 (1 length)
30. Boys 6 (1 length)
31. Girls 8 (1 length)
32. Boys 8 (1 length)
33. Girls 10 (1 length)
34. Boys 10 (1 length)
35. Girls 12 (2 lengths)
36. Boys 12 (2 lengths)
37. Girls 14 (2 lengths)
38. Boys 14 (2 lengths)
39. Girls 18 (2 lengths)
40. Boys 18 (2 lengths)

50 Meter Free style (1 heat)

41. Girls 8 (2 lengths)
42. Boys 8 (2 lengths)

Individual Medley (1 heat)

43. Girls 10 (4 x 1 length)
44. Boys 10 (4 x 1 length)
45. Girls 12 (4 x 1 length)
46. Boys 12 (4 x 1 length)
47. Girls 14 (4 x 1 length)
48. Boys 14 (4 x 1 length)
49. Girls 18 (4 x 1 length)
50. Boys 18 (4 x 1 length)

Breaststroke (2 heats)

51. Girls 8 (1 length)
52. Boys 8 (1 length)
53. Girls 10 (1 length)
54. Boys 10 (1 length)
55. Girls 12 (2 lengths)
56. Boys 12 (2 lengths)
57. Girls 14 (2 lengths)
58. Boys 14 (2 lengths)
59. Girls 18 (2 lengths)
60. Boys 18 (2 lengths)

Butterfly (2 heats)

61. Girls 8 (1 length)
62. Boys 8 (1 length)
63. Girls 10 (1 length)
64. Boys 10 (1 length)
65. Girls 12 (2 lengths)
66. Boys 12 (2 lengths)
67. Girls 14 (2 lengths)
68. Boys 14 (2 lengths)
69. Girls 18 (2 lengths)
70. Boys 18 (2 lengths)

Free style Relays

71. Girls 8 (4 x 1 length)
72. Boys 8 (4 x 1 length)
73. Girls 10 (4 x 1 length)
74. Boys 10 (4 x 1 length)
75. Girls 12 (4 x 2 lengths)
76. Boys 12 (4 x 2 lengths)
77. Girls 14 (4 x 2 lengths)
78. Boys 14 (4 x 2 lengths)
79. Girls 18 (4 x 2 lengths)
80. Boys 18 (4 x 2 lengths)

Medley Relay: Back, Breast, Butterfly & Free**Individual Medley: Butterfly, Back, Breast & Free**

Appendix F2 - Qualification Meet Order of Events

Appendix F3 - Championship Meet Order of Events